



Lord Beaverbrook High School

9019 Fairmount Dr SE, Calgary, AB T2H 0Z4

t | 403-259-5585 f | 403-777-7949 e | lordbeaverbrook@cbe.ab.ca



Calgary Board
of Education

October 6, 2023

Student Services News

Apply Alberta Information Session

Thinking about applying to university ... have questions...

An Apply Alberta Information session will be held on October 11, 2023 at lunch in Rm 260.

Beginning October 1, 2023, you can start applying for Post-Secondary institutes in Alberta. An application profile needs to be created on the Apply Alberta website www.applyalberta.ca. Once your application profile has been created you will then select your Post-Secondary institute of choice.

Students are assigned to a counsellor alphabetically.

Counsellors

Ms. Jennifer Mensink jnmensink@cbe.ab.ca
A - G Learning Leader

Ms. Christa Howie cjhowie@cbe.ab.ca
H - O

Mr. James Loach jaloach@cbe.ab.ca
P - Z

Laura Freeborn lcfreeborn@cbe.ab.ca
Work experience/rap

Jordan Irwin jairwin@cbe.ab.ca
ELL/International Coordinator

Upcoming Open House Sessions

Bow Valley College October 21, 2023 10am – 2pm
<https://choose.bowvalleycollege.ca/openhouse/>

University of Calgary October 28, 2023 9am-3pm
<https://www.ucalgary.ca/future-students/undergraduate/events>

Mount Royal College October 21, 2023 9am-3pm
<https://www.mtroyal.ca/Admission/OpenHouse/index.htm>

SAIT November 3 & 4, 2023 10am-3pm
<https://www.sait.ca/open-house/open-house-registration>

Alberta University of
the Arts October 28, 2023 10am-2pm



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<https://www.auarts.ca/our-campus/campus-tour-and-events/open-house>

St. Marys University October 14, 2023 10am-2pm
<https://stmu.ca/event/fall-open-house/>

Ambrose University October 21, 2023 10am-2pm
<https://ambrose.edu/openhouse>

University of Alberta October 14, 2023 9am-3pm
<https://www.ualberta.ca/admissions/undergraduate/tours-and-events/open-house/index.html>

Focus on the fun, not on the drive! Enjoy a stress-free same-day round-trip Ebus from Calgary to Edmonton and back to attend Open House on Saturday, October 14. Advanced registration and deposit are required, and spaces are limited.

Each student under the age of 18 will require an adult chaperone. Each adult may chaperone a maximum of two students (both of whom must be their own students).

<https://www.eventbrite.ca/e/roundtrip-calgary-edmonton-ebus-for-open-house-2023-tickets-691883120037?aff=oddttdtcreator>

Scholarships

Schulich Leader Scholarships

Up to one hundred scholarships are awarded to entrepreneurial-minded high school graduates enrolling in a Science, Technology, Engineering or Math program at 20 partner universities across Canada. Half are valued at \$100,000 for engineering scholarships and half are valued at \$80,000* for science and math scholarships. Every high school in Canada can nominate one graduating student each year to apply for the scholarship. If you are interested in more information, please see Ms. Mensink in Guidance

Terry Fox Humanitarian Award – Applications open November 1, 2023

Terry Fox Humanitarian Awards are open to students of all abilities. To be considered for the Award, applicants must meet be:

- In good academic standing.
- Canadian citizens or landed immigrants.
- Involved in voluntary humanitarian activities (for which they have not been compensated).

TD Scholarships for Community Leadership

Have you shown exceptional leadership in helping to make a meaningful and lasting difference in your community? We'd love to hear about your community leadership efforts and what inspired you to



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get involved. We're more interested in the mark you're making in the world than the marks you're getting in the classroom. The program is open to students with an average of 75% and up who are supporting positive change in their communities. Apply by November 15, 2023 at

www.td.com/scholarships

Out of Province Post-Secondary Fair – October 27

Centennial High School will be hosting the Out of Province Fair for schools located in SW Calgary on October 26, from 6:00- 7:30 pm. 55 Sun Valley Blvd SE. This is open to the public and will have representatives and information from over 50 institutions across Canada.

Success Seminars - Learning Lounge at lunch

October

- 3 Healthy Living
- 5 Healthy Relationships
- 10 Reading for Comprehension
- 17 Teenage Brain
- 19 Sensory Processing
- 24 Study Strategies



Lord Beaverbrook **ALL IN FOR YOUTH (AIFY)**

SEPTEMBER 

"ONE DAY AT A TIME"

About All in For Youth

AIFY is a city-wide initiative focused on school completion, currently operating out of fifteen schools across Calgary each with their own various needs, strengths, and barriers. AIFY aims to support students in reaching graduation by removing those barriers. This can include supporting students with navigating the health care system, food insecurity, transportation, accessing financial supports, etc. through utilizing programs, agencies, and organizations throughout the city to build capacity and independence. AIFY also offers two Community Success Coaches to support youth post graduation to successfully transition into adulthood.



Common Barriers that AIFY Supports with

The most common barriers that AIFY coaches see include access to stable housing, food insecurity, funding, as well as support accessing mental health system.

If you feel you or someone you know would benefit from the program, please reach out.

Referral Process

Typically, referrals to the AIFY program are made by the guidance team however, anyone can make a referral by connecting with me via email, in-person, or by submitting a referral form. The referral form can be found [here](#). Once a referral is received a "warm introduction" can be setup where the student and myself will meet to discuss their needs and areas of support.

Contact Information

Sarah Wallace (she/her)
AIFY Success Coach
Counselling Services Office
Phone: (403)-966-1570
Email: swallace@growwithtrellis.ca



Community Resources

Food Support

Please reach out for Food Bank referrals.

Fresh Routes

Fresh Routes is a mobile grocery store that offers healthy and affordable food.

Good Food Box

Good Food Box is a city-wide program that offers low cost fruit and vegetables. Individuals pre-order a box and receive local seasonal fruits and vegetables.

Health and Wellness

Trellis Counselling

The Trellis Clinical Team offers in-person and online counselling to individuals and families. Connect with a diverse team of counsellors to fit your needs.

The Alex

The Alex offers support for physical and mental health including counselling, dental, eye, prescriptions, referrals, and so much more.

Centre for Sexuality

The Centre for Sexuality offers education, training, and counselling focused on sexuality, healthy relationships, and identity.

Employment

Trellis Youth Employment

Trellis Youth Employment is a program providing employment support for individuals aged 12 - 30. See the [Youth Employment Instagram](#) page for the most up to date events and resume workshops.

City of Calgary Youth Employment Centre

The City of Calgary Youth Employment Centre provides free in-person employment services including resume building, job search strategies, interview preparation, career planning, and more!

Finances

Momentum Matched Savings

The Momentum Matched Savings program is aimed at improving financial literacy. Learn how to save and manage your money through this 9-month program. Momentum matches your savings 3:1! That means if you save \$450, Momentum will add \$1,350 for a total of \$1,800!

